



NEMACOLIN WOODLANDS RESORT

WOODLANDS SPA &
HOLISTIC HEALING CENTER
PRICING GUIDE



SPA PACKAGES

Full Day Packages

	DURATION	SUN-THUR	FRI-SAT
Woodlands Tranquility Package	5.5 hrs	\$680	\$725
<ul style="list-style-type: none"> Woodlands Massage (50 min) Purifying Herbal Wrap (50 min) Ritual Facial (110 min) Woodlands Indulgence Pedicure (80 min) 			
Woodlands Renewal Package	5 hrs	\$725	\$750
<ul style="list-style-type: none"> Mystical Massage (110 min) O² Body Perfection (80 min) O² Radiance Facial (80 min) 			

Half Day Packages

	DURATION	SUN-THUR	FRI-SAT
Woodlands Classic Collection	3.5 hrs	\$445	\$475
<ul style="list-style-type: none"> Woodlands Massage (50 min) Woodlands Facial (50 min) Woodlands Scrub (25 min) O² Perfection Pedicure (50 min) 			
Woodlands Customized Package	3 hrs	\$440	\$465
<ul style="list-style-type: none"> Massage of your choice (80 min) Facial of your choice (80 min) 			
<i>*Excludes 80 min HydraFacial and Diamond Decadence</i>			
Fit to be Well Package	2.5 hrs	\$295	\$310
<ul style="list-style-type: none"> Fit to be Well Consult (30 min) Warm Slow Flow Yoga Practice (50 min) Rosemary Mint Immersion (50 min) 			

SKINCARE

	DURATION	SUN-THUR	FRI-SAT
Ritual Facial	110 min	\$310	\$320
Diamond Decadence Facial	80 min	\$240	\$255
Ultimate Transformation Facial	80 min	\$240	\$255
O ² Radiance Facial	80 min	\$240	\$255
Mystic Facial	80 min	\$240	\$255
Citrus Essence Facial	50 min	\$160	\$170
Woodlands Facial	50 min	\$160	\$170
The Cure Facial	50 min	\$160	\$170
Men's Essential Facial	50 min	\$160	\$170
	80 min	\$240	\$255

MASSAGE

	DURATION	SUN-THUR	FRI-SAT
Mystical Massage	80 min	\$240	\$255
	110 min	\$305	\$315
Hot Stone Shirodhara	110 min	\$320	\$330
Dream Catcher	110 min	\$320	\$330
Lomi Lomi	80 min	\$255	\$265
Mindful Massage	80 min	\$240	\$255
Woodlands Massage	50 min	\$160	\$170
Aromatherapy Face and Scalp	50 min	\$160	\$170
Prenatal Massage	50 min	\$160	\$170
	80 min	\$240	\$250
Deluxe Reflexology	50 min	\$155	\$165
Cranial Sacral Therapy	50 min	\$150	\$160

SKIN RESURFACING THERAPIES

	DURATION	SUN-THUR	FRI-SAT
Hydra Facial	25 min	\$160	\$170
	50 min	\$200	\$210
	80 min	\$300	\$310
Britenol Upgrade	N/A	\$25	\$25
Massage Upgrade	15 min	\$30	\$30

Service Additions

	DURATION	SUN-THUR	FRI-SAT
Brow, lip or chin wax	15 min	\$30	\$35
Brow Tinting	15 min	\$30	\$35

BODY TREATMENTS

	DURATION	SUN-THUR	FRI-SAT
Espresso Mud Detox Wrap	80 min	\$240	\$250
O ² Body Perfection	80 min	\$240	\$250
Citrus Infusion	80 min	\$240	\$250
Purifying Herbal Wrap	50 min	\$160	\$170
Bamboo Refinement	50 min	\$160	\$170

Service Additions

	DURATION	SUN-THUR	FRI-SAT
Focused Massage	25 min	\$95	\$105
Woodlands Scrub	25 min	\$95	\$105
Spa Reflexology	25 min	\$95	\$105
Water Path Ritual	25 min	\$95	\$105

HYDROTHERAPY RITUALS

	DURATION	SUN-THUR	FRI-SAT
Woodlands Restorative Experience	110 min	\$320	\$330
Rosemary Mint Immersion	50 min	\$160	\$170
	80 min	\$240	\$250



NATURAL NAIL CARE

	DURATION	SUN-THUR	FRI-SAT
O ² Perfection Manicure	50 min	\$60	\$65
Gel Manicure	50 min	\$70	\$75
Woodlands Indulgence Pedicure	80 min	\$125	\$130
O ² Perfection Pedicure	50 min	\$70	\$75

Service Additions

	DURATION	SUN-THUR	FRI-SAT
French Polish	N/A	\$15	\$15
Gel Polish Removal	N/A	\$15	\$15

MAKE-UP

	DURATION	SUN-THUR	FRI-SAT
Airbrush Make-up Application	50 min	\$100	\$110
Make-Up Application	45 min	\$70	\$75

THE SALON EXPERIENCE

	DURATION	SUN-THUR	FRI-SAT
Ladies Haircut & Style	50 min	\$70	\$75
Men's Haircut & Style	45 min	\$40	\$45
Shampoo & Style	50 min	\$60	\$65
Formal Hair Styling	80 min	\$90	\$95
Single Process Color	80 min	\$100	\$105
Multi-Tone Highlights	110 min	\$180	\$190
Partial Highlights	N/A	\$105	\$115
Full Highlights	N/A	\$150	\$160
Balayage	110 min	\$165	\$175
Replenishing Hair Infusion	80 min	\$95	\$105
Men's Revitalizing Scalp Treatment	50 min	\$65	\$70

FITNESS CENTER

	DURATION	SUN-THUR	FRI-SAT
Fit to be Well Package	2.5 hrs	\$295	\$310
<ul style="list-style-type: none"> • Fit to be Well Consult (30 min) • Warm Slow Flow Yoga (50 min) • Rosemary Mint Immersion (50 min) 			
Personal Training	50 min	\$80	\$85
Couples		\$130	\$135
Take Home Fitness	50 min	\$80	\$85
Paddleboard Yoga (price per board)	75 min	\$70	\$75
Yoga for Runners	30 min	\$55	\$60
Personalized Yoga	30 min	\$55	\$60
	50 min	\$110	\$120
Yoga Plus One	50 min	\$130	\$135
Synergy 360 Challenge	30 min	\$55	\$60
Group 3-6		\$135	\$140
Squash Court Rental	50 min	\$15	\$20
Private Group Classes		\$175	\$175



HOLISTIC PACKAGES

	DURATION	SUN-THUR	FRI-SAT
Healing from the Inside Out	3 hrs	\$360	\$360
<ul style="list-style-type: none"> • Healing Meditation (25 min) • Therapeutic Massage (80 min) • Acupuncture (50 min) 			
Ultimate Stress Relief	3 hrs	\$375	\$375
<ul style="list-style-type: none"> • Healing Meditation (25 min) • Private Yoga or Tai Chi (50 min) • Stress Relief Therapy (80 min) 			
Ultimate Couples Experience	2.5 hrs	\$470	\$470
<ul style="list-style-type: none"> • Healing Meditation (25 min) • Couples Yoga or Tai Chi (50 min) • Couples Massage (50 min) 			
Individual Holistic Life Coaching Session	50 min	\$175	\$175
Integrative Wellness Classes and Mind/Body Classes	N/A	Pricing Varies	

HOLISTIC MASSAGE

	DURATION	SUN-THUR	FRI-SAT
Therapeutic Massage	50 min	\$160	\$170
	80 min	\$240	\$250
	110 min	\$300	\$310
Stress Relief Therapy	50 min	\$160	\$170
	80 min	\$240	\$250
Ayurveda Abhyanga Massage	80 min	\$240	\$250
	110 min	\$300	\$310
Kila Body Work	80 min	\$240	\$255
	110 min	\$320	\$330
Thai Massage	50 min	\$150	\$160
	80 min	\$215	\$220
Tui Na Massage	50 min	\$150	\$160
	80 min	\$215	\$220

HOLISTIC YOGA

	DURATION	SUN-THUR	FRI-SAT
Personalized Tai Chi	50 min	\$105	\$105
	Couples	\$155	\$155
Personalized Yoga Sessions	50 min	\$115	\$115
	80 min	\$150	\$150
Couples Yoga Sessions	50 min	\$155	\$155
	80 min	\$225	\$225

INFRARED SAUNA THERAPY

*Receive half off a Sauna Therapy session when booked with another service.

	DURATION	SUN-THUR	FRI-SAT
Sauna Session	15 min	\$25	\$25
	30 min	\$45	\$45
	45 min	\$65	\$65

HOLISTIC BODY THERAPIES

	DURATION	SUN-THUR	FRI-SAT
Thai Poultice Treatment	80 min	\$250	\$260
	110 min	\$320	\$330
Mineral Restoration Ritual	80 min	\$240	\$250
Herbal Turmeric Wrap	50 min	\$170	\$180
Garden Harvest Experience	80 min	\$240	\$250

ACUPUNCTURE

	DURATION	SUN-THUR	FRI-SAT
Acupuncture	50 min	\$150	\$160
	80 min	\$215	\$220
Holistic Therapy	50 min	\$150	\$160
	80 min	\$215	\$220
Acu-Kila	50 min	\$150	\$160
	80 min	\$215	\$220
Acu-Vitality	80 min	\$220	\$230
	110 min	\$280	\$290
Pain Relief Therapy	50 min	\$150	\$160
	80 min	\$215	\$220
Scalp Acupuncture	50 min	\$150	\$160
Cupping Massage	50 min	\$150	\$160

ENERGY WORK

	DURATION	SUN-THUR	FRI-SAT
Healing Meditation	25 min	\$60	\$65
Energy Work Session	50 min	\$150	\$160

EXERCISE PHYSIOLOGY

	DURATION	SUN-THUR	FRI-SAT
Metabolism Testing	50min	\$115	\$120
Functional Fitness Assessment	80 min	\$150	\$150
Golf Specific Fitness Assessment and Conditioning	50 min	\$105	\$105
	80 min	\$140	\$140
Golf Specific Range of Motion Assessment <i>(Couples - 80 min)</i>	50 min	\$105	\$105
	80 min	\$155	\$155
Posture Assessment and Corrective Exercise <i>(Couples - 80 min)</i>	50 min	\$105	\$105
	80 min	\$155	\$155
Active Training with Foam Rollers <i>(Couples - 45 min)</i>	30 min	\$60	\$65
Optimal Exercise for Neck / Back Pain Relief	45 min	\$90	\$95
	50 min	\$100	\$100



NEMACOLIN
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Expect the Unexpected

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