



WOODLANDS SPA



SPA WELLNESS MEMBERSHIP

Your path to Wellness begins here! Nemaocolin's Annual Wellness memberships offer exclusive access to the Woodlands Spa and Fitness facilities, group fitness classes and personalized fitness and life coaching. Your journey begins with a personalized consultation and goal setting session with our wellness team including our certified personal trainer, holistic life coach and certified exercise physiologist. Our team will empower and encourage you to set and obtain your individual health goals, while welcoming you into our luxurious and state of the art facility.

2017 PACKAGES

\$5,000

for Individuals

\$7,500

for Couples

PACKAGES INCLUDE

ACCESS TO:

Woodlands Spa and Fitness Facility
Holistic Healing Infrared Sauna Access
Spa and Wellness Group Classes

DISCOUNTS ON:

15% off All Wellness Workshops and Retreats
15% off Spa and Holistic Treatments

Monthly 50-minute Personal Training Session

1 - Nutrition, Fitness and Life Balance Consultation

1 - VO2 Metabolic Test and Body Composition Analysis

2 - Life Coaching Sessions with Holistic Life Coach

COMPLIMENTARY:

Valet Parking and Wireless Internet



NEMACOLIN
WOODLANDS RESORT

Full payment is due upon membership initiation. Memberships are non-refundable or transferable. Some membership benefits will require appointments to be made in advance. Treatment, Workshop & Retreat discounts may only be used Sunday - Thursday. For more information, please contact the Wellness Membership Coordinator at 724.329.6225 or visit nemaocolin.com.