



Ultimate Spa Package

Salads

All salads served with your choice of Sliced Turkey, Roasted Root Vegetables or Grilled Chicken & Choice of Beverage.

Winter Green Salad

Mixed Greens, Pickled Tomatoes, Pickled Onions, Roasted Walnuts & Choice of Dressing

Baby Spinach Salad

Goat Cheese, Pickled Tomatoes, Pickled Red Onions & Candied Walnuts

Elements Caesar

Chopped Romaine, Asiago Cheese, Garlic Infused Croutons, Pickled Tomatoes & Pickled Onions

Sandwiches and More

Served on your choice of Wheat Wraps, Flatbreads or Wheat Kaiser, accompanied with Side Salad & Choice of Beverage.

Peppered Turkey

Cheddar Cheese, Mixed Greens, Pickled Tomatoes & Cranberry Mustard

Margarita Style

Extra Virgin Olive Oil, Mixed Greens, Tomato, Fresh Mozzarella, Basil & Sea Salt

Grilled Garlic Herb Chicken

Roasted Red Peppers, Balsamic Onions & Mozzarella Cheese

Muffin

Choice of Spice Cake Muffin or Chocolate Zucchini Muffin

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

