

# GOOD MORNING



## SMOOTHIES

**SPINACH & MINT 11**

**CHOCOLATE COVERED STRAWBERRY 11**

**PEANUT BUTTER & BANANA 11**

**\*PROTEIN POWDER 3**

## EYE OPENERS

**MIMOSA 11**

**BLOODY MARY 13**

## COLD DISHES

**ASSORTED CEREALS 5**

Frosted Flakes, Special K, Corn Flakes,  
Cheerios, Fruit Loops

**CURED SALMON PLATE 17**

Aqueous Signature Lox, Eggs, Dill, Capers, Lemon Aioli, Toasted Brioche,  
Chive Cream Cheese, Cucumber Salad, Onion Chutney

**ASSORTED FRUIT PLATE 12**

Seasonal Fruits & Berries

**BREAKFAST PASTRIES 11**

Aqueous Butter, Jams & Jellies

# HOT DISHES

## **EGGS YOUR WAY 15**

Two Eggs, Choice of House Cured Bacon or Chicken Sausage, Home Fries, Toast

## **EGGS BENEDICT 16**

Flaky Biscuit, Poached Eggs, Cured Canadian Bacon, Aerated Hollandaise

## **SAUSAGE, GRAVY & BISCUITS 15**

Country Gravy & Homemade Biscuits

## **PUMPKIN FRENCH TOAST 15**

Pumpkin Bread with a Cream Cheese Ganache

## **MYSTIC ROCK PANCAKES 15**

Buttermilk, Blueberry, or Chocolate Chip, Aqueous Butter, Local Maple Syrup

## **BUILD YOUR OWN OMELET 16**

Choice of 3 Fillings, Toast, & Home Fries  
Regular Eggs, Egg Whites, Egg Beaters

**Fillings:** Each Additional \$1,

Roasted Peppers, Asparagus, Spinach, Canadian Bacon, Mushrooms, Tomato, Sautéed Onions, Chicken Apple Sausage, Cheddar, Goat Cheese, Pepper Jack

## **AQUEOUS OMELET 18**

Chorizo, Roasted Peppers, Sautéed Onions, Home Fries, Smoked Cheddar Ale Sauce

## **STEEL CUT OATMEAL 9**

Brown Sugar and Golden Raisins

## OPPORTUNITIES

**CHICKEN APPLE SAUSAGE 6**

**HOUSE MADE BACON 5**

**HOME FRIES 4**

**BAGEL WITH CREAM CHEESE 4**

**HOUSE MADE GRANOLA 7**

**TOAST 3**