



Spa Packages

The Woodlands Classic Collection	\$309
The Summit	\$309
The "Been There, Done That"	\$435
The Nature's Elements	\$365
The All Day "Do-Over"	\$399
The Woodlands Man	\$349
The Vital Life	\$479
The Mystic Touch	\$265
OptimalYOU	\$225

Skin Care Specialties

Aroma Facial	50 min.	\$125
Brightening Treatment	50 min.	\$125
Delicate Facial	50 min.	\$125
The Vitamin Cocktail	80 min.	\$190
Woodlands GQ Facial	50 min.	\$120
Woodlands Personalized Facial	50 min.	\$120
	80 min.	\$190
Woodlands Express Facial	25 min.	\$75
The VIE Facial	80 min.	\$195
Back to Back	50 min.	\$120
Couples Facial	50 min.	price varies per massage
	80 min.	price varies per massage

Solitone® Led/Microcurrent Therapy

LumiLift	25 min.	\$90
	50 min.	\$150
	80 min.	\$230
LumiLight	25 min.	\$90
	50 min.	\$150
	80 min.	\$230

Hair Removal

Bikini Wax	\$40
Brow, Lip, Chin, Cheek areas	\$35 each
Brow, Lip, Chin, Cheek areas (with facial)	\$25 each
Half Leg or Half Arm	\$45
Full Leg	\$75
Underarm	\$30
Back	\$75



WOODLANDS SPA



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WOODLANDS
SPA
 AT NEMACOLIN WOODLANDS

Rates and
 Packages



WOODLANDS SPA

The Massage Experience

Swedish Massage	50 min.	\$115
	80 min.	\$175
Prenatal Massage	50 min.	\$115
	80 min.	\$175
Hot Stone Massage	50 min.	\$130
	80 min.	\$180
Aromatherapy Massage	50 min.	\$125
	80 min.	\$175
Sports Massage	50 min.	\$130
	80 min.	\$175
Couples Massage	50 min.	price varies per massage
	80 min.	price varies per massage
Shiatsu Massage	50 min.	\$125
Thai Massage	50 min.	\$125
Deep Tissue Massage	50 min.	\$120
	80 min.	\$180
Mystical Massage	80 min.	\$175
Spa Reflexology	25 min.	\$75
Ten Toe Touchdown	50 min.	\$115
Kila Body Work	110 min.	\$295
Woodlands Hot Stone Shirodhara	110 min.	\$275
Lomi Lomi Massage	80 min.	\$175
Dream Catcher	105 min.	\$250
Guided Massage (per couple)	110 min.	\$250

Well Being

Cranial Sacral Therapy	50 min.	\$125
Reiki	50 min.	\$125
Echos of the Earth	25 min.	\$75
Echos of the Universe	45 min.	\$120
Vitality Therapy	80 min.	\$190
	110 min.	\$270

In-Room Treatment

Swedish Massage	50 min.	\$200
	80 min.	\$250
Aromatherapy/Deep Tissue/Sports	50 min.	\$215
	80 min.	\$290
Children's Massage	50 min.	\$185

Body Rituals

Aroma Body Parraffin	50 min.	\$125
Spa Sauna Body Bliss	80 min.	\$180
Nature's Essentials Body Polish	50 min.	\$125
Refresher Body Polish	25 min.	\$75
Woodlands Body Polish	50 min.	\$125
Detoxifying Rhassoul Mud Wrap	50 min.	\$125
Red Flower® Japan Body Ritual	80 min.	\$180
Red Flower® Hammam Body Ritual	80 min.	\$180

Body Kurs

Thermal Mineral Kur	100 min.	\$225
Woodlands Wellness Kur	100 min.	\$225
Lavender Indulgence	50 min.	\$130

Hydrotherapy

Woodlands Wellness Bath	25 min.	\$65
Therapeutic Thermal Mineral Bath	25 min.	\$65
Water Path Ritual	25 min.	\$50

Ayurvedic Experiences

The Laurel Rebalancer	80 min.	\$175
Falling Into Nirvana	80 min.	\$185
The Highlands Emersion	90 min.	\$200

Fitness

Better Back and Abs	30 min.	\$45
Personal Trainer	50 min.	\$75
Pilates Mat Intro	30 min.	\$45
	50 min.	\$75
Yoga for Runners	30 min.	\$45
Streetwise Self-defense	50 min.	\$75
Lifestyle & Weight Management Consultation	50 min.	\$75
Women, Exercise & Metabolism	50 min.	\$75
Take Home Fitness Program	50 min.	\$75
Squash Court Fee	60 min.	\$15

Health and Nutrition

Optimal Nutrition & Fitness Assessment	110 min.	\$140
Optimal Weight Loss	50 min.	\$75
Optimal Energy	50 min.	\$75
Optimal Immunity	50 min.	\$75
Optimal Supplements, Vitamins, Minerals and Herbs	50 min.	\$75
Optimal Skin	50 min.	\$75

The Salon Experience

	Master Stylist	Salon Stylist
Ladies' Haircut & Style	from \$85	\$60
Men's Haircut & Style	\$55	\$40
Children's Haircut <i>(ages 10 and under)</i>	—	\$25
Shampoo & Style	\$45	\$35
Blow Dry & Straightening	\$70	\$70
Art of Up-do with Thaddeus	\$75	—
Up-do/Braiding	—	\$50
Single-Process Color	\$85	\$65
Highlighting	\$200	\$125
Corrective Color	— by consultation —	
Scalp Treatment only	30 min.	\$60
With Shampoo & Style	55 min.	\$100

Natural Nail Care

Nail Repair		\$5 per nail
"Fat Bird" Polish Change		\$15
French Upgrade (add to any Mani or Pedi)		\$10
Spa Manicure	25 min.	\$35
Spa Pedicure	50 min.	\$55
Hydrating Manicure Odyssey	50 min.	\$50
Hydrating Pedicure Odyssey	60 min.	\$65
Sports Pedicure	50 min.	\$60
Signature Manicure	50 min.	\$60
Signature Pedicure	80 min.	\$110

The Art of Maquillage

Make-up Application	45 min.	\$65
Make-up Lesson/Transformation	60 min.	\$95